

APPENDIX TO THE FOUNDER'S AGREEMENT

ROLAND R. GRIFFITHS' PURPOSE AND INTENT FOR ESTABLISHING THE ROLAND R. GRIFFITHS, PH.D. PROFESSORSHIP FUND IN PSYCHEDELIC RESEARCH ON SECULAR SPIRITUALITY AND WELL-BEING AT THE JOHNS HOPKINS UNIVERSITY SCHOOL OF MEDICINE

The purpose and intent of the Roland R. Griffiths, Ph.D., Professorship Fund In Psychedelic Research on Secular Spirituality and Well-Being is to support a professorship and to establish a world class, rigorous, empirical program of research with psychedelic substances to advance understanding of well-being and spirituality in the service of human flourishing for generations to come. The program will advance scientific research and scholarship on the uses of psychedelic substances and their subsequent effects on (i) improving human health and well-being, (ii) increasing prosocial human behaviors, and (iii) cultivating a life of greater equanimity and a more compassionate and peaceful worldview. The research will also advance the understanding of the physical, psychological, and other conditions that predispose or contribute to psychedelic associated human flourishing. The hallmark of this research shall be the scientific method.

The interventions studied may in time expand beyond today's psychedelic substances to include new interventions, to the extent the new interventions are shown to have effects similar or superior to those of psychedelic substances. Such interventions may include, but are not limited to, meditation, controlled breathing, brain stimulation, or other technologies that produce psychedelic-like effects.

Notwithstanding any modifications to the interventions such as those described in the previous paragraph, psychedelic substances shall continue to be studied for as long as they are used medically or non-medically and have any relevance to the Purpose and Intent of the Fund stated herein.

Substantial empirical literature has documented positive relationships between spirituality and health. Significantly, this literature includes a series of studies led by the Founder and his colleagues at the Johns Hopkins University demonstrating that acute psychedelic-occasioned mystical-type experiences, which are often reported to have profound and durable personal meaning and spiritual significance (broadly defined), predict subsequent increases in human prosocial behaviors and well-being.

Self-reported spiritual, religious, and mystical-type experiences and beliefs can be quantitatively assessed using scientifically reliable and valid measures. These data are relevant even when the 'truth' value of any associated experiences or beliefs may be scientifically unproven or unprovable, such as the existence, non-existence, or nature of God. These scientifically reliable and valid measures need not answer what may be unanswerable in order to improve human health and well-being and advance human flourishing.

Furthermore, although "spirituality" can be associated with supernatural or religious beliefs, rigorous scientific research can nonetheless be done on practices and experiences unrelated to such beliefs. For example, meditation is sometimes considered to be a secular spiritual practice. In addition, many people consider secular experiences such as awe, gratitude, connectedness, and compassion to be spiritual. Such experiences are fundamental components of health, well-being, and human flourishing.

Accordingly, this Fund shall support the salary, benefits, psychedelic research and scholarly activity of the inaugural Recipient and subsequent Recipients, and their respective staffs.